

Heritage Recipes

You can share old family recipes and traditions

Zucchini Casserole

From Katherine of Saltville, VA
(A Rescued Recipe*)

Slice thin zucchini (no quantity given)
3 T. butter
3 T. flour
4 large tomatoes (homegrown if possible), sliced
1 green pepper
1 onion
Salt (no amount given)
1 T. brown sugar
2 bay leaves
1 tsp. oregano
2 c. sharp cheddar cheese

Melt the butter, add flour. Stir constantly until flour begins to brown. Add sugar, bay leaves, oregano and salt. In a baking dish, put a layers of zucchini, tomatoes, peppers and cheese. Pour flour/butter mixture over and bake at 350 degrees. (No time is given.)

*Rescued Recipes are hand-written recipes found at estate sales.
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