

# Heritage Recipes

You can share old family recipes and traditions

## Flour Icing From Stephanie

This is an old flour frosting recipe from my Aunt Jennie. She called it Flour Icing. I've had it for years. I remember being at her home and she made this incredible white cake and frosted it with this fluffy yummy icing and I asked her for the recipe and like the sweetie that she was/is, she shared.

### Flour Icing

5 T. flour  
1 cup milk  
2 sticks butter, room temperature  
1 cup sugar  
1 tsp. vanilla

In saucepan, mix flour and milk over medium heat until thickened. Let cool. Meanwhile cream (room temperature) butter, sugar, and vanilla. Add cooled flour mixture to creamed butter and blend until light and fluffy.

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