

# Heritage Recipes

You can share old family recipes and traditions

## Banana Loaf Cake

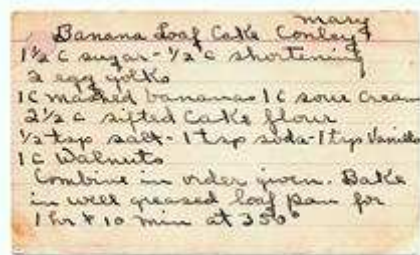
From Anna Laura Herring Ford, Submitted by Deirdre

### Banana Loaf Cake

I entered this in a local fair about 20 years ago and won a prize!

1-1/2 c sugar  
1/2 c shortening  
2 egg yolks  
1 c mashed bananas  
1 c sour cream  
2-1/2 c sifted cake flour  
1/2 tsp salt  
1 tsp soda  
1 tsp vanilla  
1 c walnuts

Combine in order given. Bake in well greased loaf pan for 1 hr and 10 min at 350 degrees.



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